

## RESOURCES for Home Health Agencies to provide to people at home

### Engagement Resources

- **A Community for Seniors:** An entire catalogue of programs to reach by phone, this award-winning program offers activities, education, support groups, and friendly conversation over the phone or online. (877) 797-7299 [coviaconnections@covia.org](mailto:coviaconnections@covia.org) **FREE**
- **HelloMonAmi.com** 650-691-5796: Activity Companions: We make it easy for families and individuals to find students who can offer companionship in the San Francisco Bay Area. No minimum visit length. \$25/visit as of 2019
- **EngageAsYourAge** 415-690-6944: Pairing a smart, empathetic Activity Specialist with a senior who shares his or her interests and passions. 2-3 hours (approximately same cost as above but for 2-3 hours) \$50/visit as of 2017
- **Adapted Telephone for low vision, low hearing, low dexterity:** Adapted Telephones FREE from the state: 800-806-1191 many languages available [WWW.ddtp.org](http://WWW.ddtp.org)

### Caring Call Resources

- **Institute on Aging** Friendship line: 24/7 800-971-0016. Free to call to them to talk, ask questions, check in. Set up a plan if you want them to call you regularly.
- **TEXTING for help when depressed:** 741741: get text answers back from trained people who will stay with you, texting back and forth, until you are OK. Add this number to your client's phone if needed.
- **SageMinder** 800-839-3498 <https://www.sageminder.com/> Live person calls client and alerts contact person if there is a problem. \$16.95/mo in 2019
- **I am Fine:** 1-(855)-410-1010 <http://www.iamfine.com> for automated call, that also alerts a contact person if there is a problem. \$9.99/mo in 2019

### Home Based Movement / Engagement Resources

- **Personal Trainers:** <https://findyourtrainer.com>
- **Therapy In Your Home – OT, PT, ST** (Occupational, Physical and Speech Therapists): Therapists who can bill Medicare Part B, insurance or private pay. All services are OUT PATIENT THERAPY provided IN the home, SNF, AL, or where ever you live. And can help access the community. See [TherapyInYourHome.net](http://TherapyInYourHome.net) 408-358-0201

These resources are available on the website of [TherapyInYourHome.net](http://TherapyInYourHome.net) under the Therapists Tab, in the green box titled "Therapist Info & Resources." Please suggest additions updated: 4-27-19

## RESOURCES for Home Health Agencies to provide to people at home

### **ADAPTIVE EQUIPMENT**

- Equipment catalogue and website: <https://www.ncmedical.com/> 800-821-9319  
<https://www.ncmedical.com/> (North Coast Medical)
- New and unique items on website: <http://therapyinyourhome.net/resources/mobility-resources/>
- Loaning, lending, and accepting used equipment: Independent Living Centers -  
<https://acl.gov/programs/aging-and-disability-networks/centers-independent-living>

These resources are available on the website of TherapyInYourHome.net under the Therapists Tab, in the green box titled "Therapist Info & Resources." Please suggest additions updated: 4-27-19